



FEBRUARY 2011 NEWSLETTER

Issue 88 February 21, 2011



January Highlights - Linda Gregory

January's training highlighted the Seneca Center, which recently opened an office in Marin County. Seneca trains and licenses families to provide Intensive Treatment Foster Care for children 6-18 years old. Their highly-trained clinical staff work with behaviorally and emotionally challenged children, who often have been in multiple prior foster placements or group homes. Seneca's clinical team may be called in to preserve a current foster placement as well, by providing wraparound services and support meetings. Referrals are made by a foster child's social worker. Seneca currently serves clients within a fifty-mile radius of their Marin and Oakland offices. Seneca's foster families receive forty hours of training before licensure, thirty-two hours the following year, and subsequently, twelve hours annually. Once a placement is made, weekly in-home support visits, twenty-four hour phone backup, respite care and monthly support groups are provided, in addition to a monthly stipend. Seneca's wide array of training courses, listed on their website, are free and open to anyone interested in working with children; currently these training sessions are held at their Oakland offices. Seneca hopes to build their program in Marin by recruiting foster families and offering support services to currently licensed foster families. For more information, check their website at www.senecacenter.org or call (510) 777-5300.

This month's Meet and Eat featured Cyndy Doherty from Marin Advocates For Children. She provided information on how the CASA (Court Appointed Special Advocates) program works and received feedback from those present on what would be helpful for foster parents when working with their children's CASA worker. It was a small group which allowed for a lot of questions and information to be shared. If you have any questions about the CASA program or your foster child/ren's CASA worker, please feel free to contact Cyndy at 507-9016.

Next month's Meet and Eat will be held at Huckleberry Youth Center. They offered to host so they can show everyone their facility as they present information about their program. Please make a note of the change of venue - details are on the attached flyer.

Champagne & Chocolate Fundraiser

You are cordially invited to attend a Champagne & Chocolate Classical and Jazz Concert benefiting The Marin Foster Parent Association. The event will be held at the historical San Rafael, home of Jonathan Toste, 128 Clorinda Avenue, San Rafael on Sunday, March 6th from 5-7PM.

MFPA is proud to feature the classical music stylings of The Rolling Strings (Liz Prior - Viola, Miriam Perkoff - Cello, and Michael Grossman - Violin) and the jazz beats of The Kathryn Kanaya Quartet (Michael LaMacchia - Guitar, John Hoy - Bass, Niels Myrner - Drums, and Kathryn Kanaya - Vocals).

The event is limited to 40 people and tickets will be sold for \$30 on a first-come, first-served basis. To RSVP, please fill out the RSVP card on the back of this newsletter and send it in.

We look forward to seeing you there.

Upcoming Events

February 28th

Marin Kinship Connection Luncheon - Respite Care

San Rafael, 12N-1:30PM

March 3rd

MFFPA Board Meeting

San Rafael, 9:30AM-11:30AM

March 4th

CFS: The Adoption Planning Process

San Rafael, 2:30PM-4PM

March 5th

Marin Charitable Movie Day

Lark Theater, 10:30AM

March 6th



Champagne & Chocolate

San Rafael, 5PM-7PM

March 9th

MFFPA Meet & Eat

San Rafael, 6:30PM-8:30PM

March 13th

MFFPA Picnic Committee Meeting

Mill Valley, 3PM

March 22nd

Seneca Center - Sustaining Families

San Rafael, 11AM-12:30PM

March 22nd

Blue Ribbon Commission Meeting

San Rafael, 12:15PM-1:30PM

March 25th

Soup Group

San Rafael, 12PM-2PM

April 6th

Advokids - Permanency Planning

San Rafael, 9AM-11:30AM

April 29th

Ross Greene Presentation

St. Vincent's, 9:30AM-5PM

For information on any of these events, contact Carol Ihlenburg or visit our website at www.mfpa.net.



Thanks to a grant from the Marin Charitable Association, the Marin Foster Parent Association has funding available to assist foster families with tutoring and afterschool enrichment costs for foster children or children in the dependency system. If you have a child who needs additional academic assistance, PLEASE APPLY FOR THIS FUNDING!! There is a cap of \$500 per family, per year. If, at the end of the year, there is still funding remaining, families may reapply. The goal of this grant is to provide foster children with the extra educational assistance they need to be successful in school and in life. Funding will be distributed to foster families through an application process on a first-come/

first-served basis with a combined monthly maximum amount of \$400, to be distributed amongst all approved applicants. Requests must be made for a foster child or child in the dependency system, and the funding must benefit him or her educationally. Once approval is obtained, receipts or an invoice for the cost of services must be submitted within one month of application approval. If you are interested in applying for this funding, contact Carol Ihlenburg at 507-1822 or via email at cihlenburg@comcast.net. We are excited to offer this assistance to our foster families!

New Tutoring and Afterschool Enrichment Funding was received from Marin Charitable. We will be distributing an additional \$3,500 for children 11-18.

Noteworthy

One Simple Wish

MFPA is pleased to announce that we are now partnered with One Simple Wish. One Simple Wish is an organization that has been making small miracles happen for foster children and vulnerable families since December 2008. They offer everyone a glimpse into the life of a child in the foster care system or a family in need. Their goal is to connect people, one-on-one, to create rewarding, meaningful relationships between giver and recipient.

If there is something your foster child "wishes" for, that is outside of your financial abilities, consider submitting the wish, via MFPA, to One Simple Wish. Email us at marinfosterparentassociation@yahoo.com or visit www.onesimplewish.org for more information.

eScrip

MFPA has also enrolled in the eScrip fundraising program. eScrip is a very easy way to turn a percentage of your everyday purchases into a donation for our cause, simply by registering your credit, debit or grocery cards at their online site. See the brochure at the end of this newsletter for more information.

CPK Fundraiser

The totals are in for our California Pizza Kitchen fundraiser held last month. MFPA brought in an additional \$1036 that day, resulting in a \$207 donation to our association. All in all it was an easy and fun way to raise some money.

Image for Success

Image for Success is a volunteer-based, non-profit organization that provides wardrobes to men, women, and children who are transitioning to a life of self-reliance. IFS not only provides a two-week wardrobe to satisfy the requirements of the workplace, but also meets the everyday needs of those transitioning to a life of self-sufficiency. MFPA families can call IFS directly at 415-482-6077 and schedule an appointment. Children up to 16 years old receive their services for free. Men and women are charged a nominal fee of \$10. For more information visit their website at www.imageforesuccess.org.

Friends of Marin Center

MFPA is now partnered with Friends of Marin Center Outreach Program. This means we will receive comp tickets to certain events. Last month we were able

to distribute 12 tickets to foster families so they could see "Kodo".

After the Holidays Clearance Sale Success!

Thanks to Sleep Train's generous Foster Kid's Program donations, we were able to give away lots of fun toys and coats on Saturday, February 12th during the After The Holidays Clearance Sale. Each child received \$ 25.00 in MFPA funny money they were able to spend. It was great to see all the smiling faces as they left with their loot! If you were unable to make the event, and you have a foster child who needs a coat, please contact us at 507-0557 or email marinfosterparentassociation@yahoo.com



Social Worker Profile:

Social Worker Profiles is featured to help familiarize foster parents with the social workers they have or may work with. Anyone with a suggestion of a social worker to be interviewed can contact Annette Venables at aagativen@sbcglobal.net.



Social Worker: Pamela Doerr

Position: Senior Public Health Nurse
- Bilingual



Why did you choose to work in the field of Child Welfare? Serendipity?

I was working as a school nurse (another form of public health nursing) in Sacramento, when we decided to move back to San Rafael so our daughters could grow up closer to family. I guessed it might take several months before I would find anything, so I started sending applications to the Marin area about six months before we were scheduled to move.

The first one I sent was to Marin County Public Health. Of course, I got a call the following week. I used to get nervous with interviews, but I wasn't serious about this interview; it was really too soon to consider moving. So, of course, I did well in the interview and was offered the position in social services, which I knew very little about. I accepted it, and commuted to and from Sacramento for six months.

As a school nurse I wasn't fond of CPS (Child Protective Services); I felt like there were too many times I referred children that didn't get followed up on. I didn't have any understanding of the system, and gradually realized how very complex it is.

What is your background and history in CFS? How long have you

been doing this work? In nursing school I really liked the ICUs, and the ER. (Mental Health and Public Health were my least favorite). When I graduated, it was during the time there were many nurses aids and medical assistants being hired, and few positions for RNs.

There was a school nurse position open, so I applied, and was hired. I later learned that the three school nurses in the district had walked out in protest of the Board not agreeing to hire a fourth school nurse. I became the nurse for the whole district! It was an instance of "fools rush in where angels fear to tread", and I naively and ambitiously took it on. It was a great job for a mom to have, and I loved the students. It prepared me as much as any position possibly could have for my job in CFS; because I was exposed to a socially and economically diverse population with a huge range of parenting styles, and learned to be flexible with unpredictability.

I have been with the county now for 15 years. I have represented CFS with the Perinatal Substance Abuse Council, and at Marin School Nurse meetings. About nine years ago I started precepting student nurses, to augment my position. Seven years ago, I started teaching new social workers Child Maltreatment Indicators. I got my MSN in Nursing Administration and Education a few years ago and have since taught Public Health Nursing at USF and Dominican. I learn something new nearly every day, and this place is never boring!

What are the most rewarding and most challenging parts of your work in CFS? The most challenging part is the difficulty of watching parents raising children when they haven't had good role modeling, and

repeating mistakes in how they were raised themselves. It is sad to see both the children (and parents) suffer the results.

It is also hard to realize, that regardless of the love they have for their children, mental health, drugs or other chronic issues prevent them from being able to parent.

The most rewarding part of my position is being able to work with the fabulous staff Marin CFS is lucky to have; and that is what has made it possible for me to work here for so long. I also find it rewarding to see parents make positive changes for their children, and families can be reunited. That said, it is also a positive thing to see children move into adoption or permanent placement when their parents are incapable.

Is there anything you would like to share with foster parents? I know how difficult it must be for you when children go to homes that you feel are less than the perfect ones you would choose for the children you have come to love. I know it is hard for you when they do not get to go home. So much of what happens involves the legal system and the time limits parents must unwittingly adhere to.

Most of all, I would like to thank you for all the work you do. Without you, the children would not be able to be removed from bad circumstances. Sometimes our jobs and hours can be long and stressful, but I am very aware that I "go home" at the end of the day; and foster parenting is 24/7.



Licensing Corner:

As a Licensing Worker, I've been told that it would be helpful for Foster Parents to have some information/training on how to care for the hair of African American children. The following article was taken from an internet adoption web page "adopting.org", and, although the author is promoting her products, her advice is sound.



Mahisha Dellinger is President/CEO of CURLS, a line of hair care products developed specifically for bi/multiracial women and girls. Her own Creole-Black heritage spurred her interest, and the result is two groups of products (Curls and Curly Q's), and a wealth of knowledge she is sharing with us in a series of articles offering hands-on assistance.

Caring for a multiracial child's tresses can be a daunting experience, but it doesn't have to be. Armed with the proper education, the right technique, and, most importantly, the right products - you can master the art of caring for ethnic hair. For as long as I can remember, I have been fascinated with hair. Because my hair was easy to manage, I began styling my own hair at an early age. Using my long locks, I taught myself how to french braid and soon became a styling expert (or so I thought). As I matured, my interest in healthy Black hair peaked. I learned which hair care ingredients were good for my hair type and which were not. I learned how to shampoo, condition and properly handle my hair. Most importantly, I learned to love my hair. With the proper care, your child will love his/her hair too! Over the years I've read, seen and experienced unbelievable acts of ignorance regarding ethnic hair care. It is my attempt to provide a few basic tips and tricks so you will avoid common pitfalls.

What you need to know:

Black hair is extremely fragile. A gentle touch is require to avoid unnecessary breakage and hair loss; therefore, always use a wide-tooth comb or pick when combing the hair. Avoid fine-tooth combs as they snag and pull out curly/kinky hair. Invest in a quality brush; natural boar brushes are the best.

Curly/kinky hair needs moisture, moisture, and more moisture! Consider this when purchasing hair care products. Avoid drying products such as hair spray, mousse, holding gels, etc. Opt for moisturizers, leave-in conditioners, and styling lotions. All products are not created equally. Just because a product claims to be created for "curly hair" doesn't guarantee that it will be suitable for ethnic curly hair. Products created for Nicole Kidman's curly hair may not work for Angela Bassett's. Caucasian hair tends to produce more sebum (oily secretion created by the sebaceous gland) than Black textured hair. Therefore, Black hair requires more oil. Read, no, scrutinize the ingredient list. Look for natural oils and quality ingredients. Remember, the ingredients are listed in order of volume.

What you need to have on hand:

Wide-tooth comb or pick... the wider the better (Goody has a variety of combs available at most stores)
Natural bristle brush (The Body Shop has a nice selection)
Hydrating Shampoo
Moisturizing Conditioner
A daily moisturizer - this will add needed moisture, and ease combing.

Common Mistakes Made When Caring For Ethnic Hair:

Over-shampooing:
Black hair should not be shampooed every day, or every other day for that matter. Instead, shampoo your child's hair every 5-7 days. I know this may confuse those who shampoo daily; however, you must remember that Black hair needs oil, and because it

distributes less sebum, frequent shampooing can dry out the hair and scalp.

Tip for getting through "shampoo-less" days: Rinse hair with warm water, apply conditioner and rinse well. This will give you a clean start and provide added conditioning and moisture without stripping away protective oils.

Under-conditioning:

Proper conditioning is one of the most important steps for healthy hair. Unfortunately, most do not take the time to adequately do so. I recommend giving your daughter a deep conditioning (with heat) once a month, especially during the winter season.

Using the wrong products:

One misconception that plagues African Americans concerning hair care is the use of grease. Grease (thick pomade-like products) is commonly used to moisturize dry hair and scalp. **DO NOT USE** products that contain mineral oil or petrolatum. Both of these cheap oils clog pores, rob the hair's moisture and can retard growth. Natural oils are the best. Combing, detangling and styling faux pas - To avoid pain, tears and massive hair loss when combing, part hair into four sections. Get a tight grip on the hair and start combing at the bottom and work your way up to the top, section by section. If her hair is extremely thick and coarse, secure the combed out section with a ponytail holder to avoid further tangling. You should always use a moisturizer when combing her hair out. Doing so will help soften the hair and ease the process. Never use water to "wet" the hair.

For more information contact Mahisha at mdellinger@curls.biz



Chronicles of Adoption

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By Jonathan Toste

Interviewee: Willow Franz

Fostering Resiliency: How one girl's determination overcame an unloving life of "homelessness" in her mom's care and a battle between CPS and the foster mom who had instilled "keeping the dream alive..."



What history do you know about your biological family?

My mom was one of six kids raised in the harsh reality of the rural Pacific Northwest. My family moved to California to seek a better life, settling in a bustling Central California community. When I was about two, I realized that I didn't have a dad like other kids. All I had was my crazy uncle who would pull up on a Harley every once in a while. In a way he gave me the feeling that I was lucky to have him instead of a regular dad. My mom and grandmother raised me. When I was six my grandmother died and any semblance of security I had known died with her.

At what age, and for how long were you in adoptive or foster care?

I entered foster care at fifteen years old. I spent two years living in two very different homes.

It was a tough time for me. I found myself spiraling into depression. My biological father had never acknowledged me (although I did meet him once when I was in elementary school). Later, during high school, I tried to locate him through his brother, a famous California writer. That uncle simply informed me that I should have written sooner because it was too late for my father to even care about me. Once again, I was labeled unworthy.

What was the most comforting thing your guardians or other adults in your life did for you regarding the issue of adoption?

Angela was my first foster mom. She was a neighbor and renegade lawyer. She was the first person that ever treated me like I was intelligent, worthy and capable of being more than a subordinate wife when I grew up. I owe her credit for several realizations, not the least of which is that an education is a key to becoming a "whole" person and that the world is full of opportunities, different ways of life, and exciting places to visit. The inspiration she gave me came from her gift of being able to give "accurate reflections of reality" without being offensive or unrealistic. For example, she once told me that while I might not be a "cover girl" I was attractive.

What kind of "fantasy option" (not totally unrealistic) did you wish was available to you to solve the big issues you faced growing up?

After my grandmother died, my mom took in a boarder, which forced me to sleep on the couch in our living room. Six months later she married that man, started raising his two sons and became pregnant with another daughter. I realized that I had become homeless in my own home. I became my baby sister's nanny and my mom ruled the house with an iron fist. Not only did I feel completely abandoned in my very own home, but whatever money I earned or possessions I acquired were taken by my family. I guess my "fantasy option" was to live in a place where the things that I loved would not be taken away.

What ability of yours best helped you to achieve the success you have found in your adulthood?

My single most important attribute is my ability to focus on the task at hand. For example, I was able to finish school by completing workbooks at night while I worked at Taco Bell during the day. The same focus is how I got to see Europe and experience the Eiffel Tower and Versailles at only 17 years old!

That strength also got me through my second year in foster care. I was placed in a "satellite home" where we had three kids to a room and things like hot dogs and mashed potatoes for dinner. At the same time there was also constant harassment from social workers looking to prosecute my former foster mom for something she never did. In the end, I became the collateral damage.

Luckily, my first foster mom never abandoned me and helped guide me to make logical adult decisions. Those decisions allowed me to bypass some regulations, get a passport and travel alone after finishing high school.

Life has been a roller coaster. Now in my 40's, living with an acquired disability, I look back with pride at having earned my university degree, learning several languages and traveling in my youth.

The above story is true; some names have been changed to protect identities. We are looking for other, over 30 year-old, fostered or adopted adults to participate in telephone interviews. Please write: jjtoste@gmail.com



MISSION STATEMENT/BYLAWS

The Marin Foster Parent Association (MFPA) is an organization comprised of licensed foster and adoptive parents in Marin County and members of the community interested in helping to achieve the goals and purposes of our association as stated below.

The primary objectives and purposes of the MFPA, as stated in the California State Foster Parent Association, Inc. bylaws are:

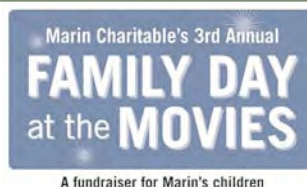
- To establish a local chapter of the California State Foster Parent Association bringing together all foster parents, agency personnel and interested community citizens who wish to work together for the same purposes set forth below.
- To promote the general welfare of children that need protective care everywhere: at home, in the communities, in institutions and in public, private and religious schools.
- To develop a better understanding of the problem of foster home care by the persons and agencies involved in caring for children and the general public by encouraging and maintaining communications, and the interchange of ideas and cooperation between foster parents, county agencies, and the local communities.
- To encourage the training and education of personnel for work in the field of foster care, and to encourage the recruitment and retention of foster homes.
- To inform ourselves of the current information pertaining to the welfare of children.
- Notwithstanding the above statements, the chapter shall not, except for insubstantial degree, engage in any activities or exercise any powers that are not in furtherance of the primary purpose.



**Willie Wonka and the
Chocolate Factory
Saturday March 5th
at The Lark Theater**

Fun Starts at 10:30AM
Movie Starts at 11:15AM

Featuring music by Ali Weiss of Mini Music
Face Painting
Food and Drinks



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2011 MPFA Board Members

Executive Board

Linda Gregory, President
479-8702, Grey_gregory@att.net

**Jonathan Toste, Vice President/
Phone Tree Chair**
258-9459, jjtoste@gmail.com

Annette Venables, Secretary
272-5187, aagativen@sbcglobal.net

Carol Ihlenburg, Treasurer
507-1822, cihlenburg@comcast.net



Members At Large

Mimi Katz
492-0207

Kathryn Jordan-Whitley
898-5677,
kathryn@fishpondrecruiting.com

Cesar Lagleva
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Newsletter Crew

**Carol Ihlenburg
Barbara Sabido
Paula Starrett
Pam Salvadore**

Special thanks to College of Marin's Foster and Kinship Education Program and the Department of Health and Human Services Children and Family Services for making the printing and distribution of this newsletter possible.

Read any good books lately?



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I have read several books directly related to caring for children in foster care for those of you who (a) Have time to read a book and (b) Have wondered about books that might enlighten and/or help with the challenging task of parenting a child in the system. Below are some of the books I've read recently which may be of interest to foster parents. If you have read a book you would recommend, please send a quick summary of the book to be included as a recommendation in an upcoming newsletter (marinfosterparentassociation@yahoo.com). Did you know Children and Family Services has a "library" of books foster parents can read? A complete list of the books they have available can be obtained by request. – Carol Ihlenburg

The Women Who Raised Me by Victoria Rowell: This book is written by a woman (an accomplished actress) who grew up in foster care. In her book, she shares each of her foster mothers' history as well as other women who influenced her life. She shares her positive experiences received from each woman.

Another Place At The Table by Kathy Harrison: This book is written by a foster parent describing her different experiences with children for whom she provided care. It is written in a very positive light around the foster care system.

Three Little Words by Ashley Rhodes-Courter: This book is written by a woman who grew up in the foster care system. It is a raw, sometimes brutal, documentation of

her experiences. *This book is available to borrow from CFS library.

Somebody's Someone by Regina Louise: This book is also written by a woman who spent time in foster care. Her experiences are a bit unnerving but she eventually triumphs and becomes a successful adult. Some of her life was spent in the Bay Area.

The Boy Who Was Raised As A Dog by Bruce Perry, M.D. Ph.D. and Maia Szalavitz: This book is about Dr. Perry's experiences treating traumatized children and his research on how trauma effects brain development.

If you are interested in borrowing any of the above books, let me know, and I'm happy to loan them out!

Our New Face

If you didn't notice last month, the Marin Foster Parent Association newsletter has a fresh new look for 2011. We have the extreme pleasure of announcing a new volunteer who has taken on the task of publishing our monthly newsletter among other things. Pam Salvadore contacted the MFPA in December indicating she'd like to do something to directly help foster children in Marin County. When she mentioned she was computer savvy and had editorial skills, she was immediately directed to me to assist with the newsletter. Not only has she agreed to take on this tedious and time-consuming yet extremely important task, but she has also jumped right in to assist with our fundraisers including heading up the eScrip program and The Marin Human Race coming up in May. Welcome and much appreciation for Pam's arrival on the MFPA scene! – Carol Ihlenburg, Past Newsletter Publisher

SOUP GROUP IS BACK IN MARCH



Greetings From Mimi's Kitchen

I think I will dust off the old soup spoons and pull out a large pot or two to whip up some wintery cold weather soup for the end of March. I do not have a baby placement (it's been busy here for 15 months!) and I think I can pull a meal together. It would be nice to see the enthusiastic faces around this table, gossiping, slurping, and sharing thoughts.

Let's get together the last Friday of March, that will be the 25th.

I will make something wintery and thick, not too many vegetables (but some!) and not too spicy. I'll look back on my notes and pick some old favorites. Bring wee people, whiny babies and unruly teens, if you want to. We can accommodate anything here. Let's eat a meal together and talk about the weather!!! Not potluck, no prep or clean up allowed, and all kids welcome.

Mimi



The Marin Foster Parent Association in collaboration with College of Marin's Foster and Kinship Care Education Program offers:



**“THE TALK(S)”
TALKING TO TEENS ABOUT SEX
PRESENTED BY:
Susan Quigley, MFT
OF HUCKLEBERRY YOUTH PROGRAMS**

Susan will present tips for having these sometimes awkward but very important conversations with youth, including:

- What you communicate without saying a word
- Choosing your timing
- Talking about the “what if’s?”
- Information on health risks and trends
- Resource information including what Huckleberry offers teens

WHEN

WEDNESDAY MARCH 9, 2011

6:30 – 8:30 pm*

*A social/dinner time will be hosted from 6:00 – 6:30 pm. To insure there is enough food and drink available, please RSVP to 479-8702 by MARCH 7, 2011 if you are interested in attending this portion of the meeting.

WHERE

HUCKLEBERRY YOUTH PROGRAMS NEW MULTI-SERVICE CENTER

In the Montecito Shopping Center

Go through central arch to the business office entrance on the right. Go upstairs to end of the hall, Suite G on the left.

QUESTIONS & RSVP

contact Linda Gregory at 479-8702

Childcare is available during the meeting (6:30-8:30 PM). Those using the childcare will be responsible for paying the provider, completing a reimbursement form and getting reimbursed by DHHS. The cost of childcare is \$5.00/hour per child with a cap of \$10.00/hour – i.e. the most you will need to pay is \$10.00/hour regardless of number of children. **Please RSVP to 415 479-8702 if you will need childcare with the number and ages of the children you will be bringing.** If the childcare is full, and you did not RSVP, your child/ren may be turned away. You **MUST** RSVP by Monday, February 7th; if there are no RSVPs by this time, the childcare provider **WILL BE CANCELLED.**

This meeting qualifies for required annual training hours for DHHS

We need your help!

MFPA needs your help!

Sign up with eScrip and you can earn \$150 annually for Marin Foster Parents!

Sign up online. It's quick and easy!
eScrip works with merchant partners to contribute to groups like ours each time you shop - at no cost to you!

1. Go to www.escrip.com
2. Click on "sign-up"
3. Follow the instructions to register your grocery cards and your existing credit/debit cards.

It's Easy! It's Free! It's Powerful!

Your annual contribution potential:

Grocery	\$72
Retail	\$24
eScrip Online Mall	\$50
eScrip Dining	\$24
Total	\$170
Over \$150 annually!	

Visit www.escrip.com and click on "Family of Merchants" for a location near you!



*Champagne
&
Chocolate*

Mr/Ms _____

Will Attend _____ Will Not Attend _____

I cannot attend, but would like to donate _____

MFPA thanks you for your \$30 per person contribution.